

BETTER DAYS

BRUNCH

SERVED WEDNESDAY - SUNDAY 10AM - 3PM

AVOCADO TOAST

(V) SMASHED AVOCADO, CHILLI JAM, FETA, TOMATOES ON SOURDOUGH TOAST £7.50

FETTUCCHINE CREPE

(V) CREPE WITH BERRIES WITH A CHOICE OF PEANUT, NUTELLA OR BISCOFF DRIZZLE £7.50

BRUNCH FLATBREAD

SCRAMBLED EGGS, BACON LARDONS, CHORIZO, CHEESE £9.50

SMOKED SALMON

SMOKED SALMON, CREAM CHEESE ON A BAGEL OR SOURDOUGH TOAST £8.50

EGGS BENEDICT

(VGO) POACHED EGG, BACON, HOLLANDAISE SAUCE ON AN ENGLISH MUFFIN £8.50

SMOOTHIE BOWL

(V) HIGH PROTEIN YOGHURT, FRESH FRUIT DONE YOUR WAY. £6.50

EGG ON SOURDOUGH

(V) YOUR CHOICE OF POACHED, BOILED, SCAMBLED OR LOW FAT SCRAMBLED EGGS £6.50

STACKED PANCAKES

(V) PANCAKES, BERRIES WITH A CHOICE OF DRIZZLE & PROTEIN YOGHURT £7.50

FRENCH TOAST

(V) BERRIES, VANILLA ICECREAM WITH A CHOICE OF DRIZZLE £7.50

THE BD FLATBREAD

(V) SMASHED AVOCADO, POACHED EGG, HALLOUMI, TOMATO, RED ONION, CHILLI JAM £10.00

EXTRAS

BACON LARDONS	£1.50	HALLOUMI	£1.50
CHILLI JAM	£0.50	SMASHED AVOCADO	£1.50
CHORIZO	£1.50	POACHED EGG	£1.00

BETTER DAYS BRUNCH

SERVED WEDNESDAY - SUNDAY 10AM - 3PM

BETTER DAYS BREAKFAST

£10.00

HOMEMADE SAUSAGE PATTIE, BACON,
ROASTED CHERRY VINE TOMATOES, THYME PORTOBELLO MUSHROOM,
POACHED EGG AND SOURDOUGH.

BACON SANDWICH

SOURDOUGH OR FLATBREAD

£3.50

PESTO SOURDOUGH

(V) POACHED EGGS, PARMA HAM, SUNDRIED
TOMATOES AND PESTO ON SOURDOUGH

£8.00

LOADED SANDWICH

BACON, SAUSAGE AND EGG ON SOURDOUGH
OR FLATBREAD

£6.00

SAUSAGE SANDWICH

SOURDOUGH OR FLATBREAD

£3.50

3 EGG OMLETTE

£6

BUILD YOUR OWN
CHOOSE 3 INGREDIENTS:

BACON LARDONS
BEETROOT
CHEDDAR CHEESE
CHORIZO

FETA CHEESE
OLIVES
PARMA HAM
PEPPERS

RED ONION
SWEETCORN
TOMATOES
TUNA

BETTER DAYS

BRUNCH | BAR | BISTRO

SERVED WEDNESDAY - SATURDAY 5PM - 8.30PM

BURRATA WITH PARMA HAM

WITH HOMEMADE PESTO AND CRUSTY BREAD

£6.50

CHEESY GARLIC FLATBREAD

(V) GARLIC HERBED BUTTER TOPPED WITH A CHEESE BLEND & RED ONION CHUTNEY

£9.00

GREEK FLATBREAD

(V) FETA CHEESE, TOMATO, RED ONION, OLIVES, TZATZIKI

(ADD CHICKEN +£1)

£9.00

HALLOUMI FLATBREAD

SERVED WITH HOT HONEY CHORIZO (PERFECT TO SHARE)

£10.00

ITALIAN FLATBREAD

A RICH TOMATO BASE WITH PEPPERONI, SALAMI & MOZARELLA

£10.50

JAMAICAN FLATBREAD

A REGGAE BBQ BASE, CHEESE, TOPPED WITH JERK CHICKEN

£10.00

MEXICAN FLATBREAD

(VGO) PAN FRIED SMOKEY PEPPERS AND ONION WITH SOUR CREAM & GUACAMOLE

(ADD CHICKEN +£1)

£9.50

MOROCCAN FLATBREAD

(VGO) MOROCCAN CHICKEN, AUBERGINE, COUSCOUS, MOROCCAN YOGHURT

£10.00

CHICKEN OR PORK GYROS

HALLOUMI, ONIONS, TOMATOES, TZATZIKI

£10.00

CHICKEN AND CHORIZO FETTUCCHINE

IN A RICH TOMATO AND MASCARPONE SAUCE

£10.00

TOMATO AND MOZZARELLA FETTUCCHINE

(V) WITH A HOMEMADE BASIL PESTO

£9.00

SWEET POTATO FRIES

£4.00

HALLOUMI FRIES

£4.50

OLIVES & SUNDRIED TOMATOES

£4.50

SIDE SALAD

£3.00

BETTER DAYS

BRUNCH | BAR | BISTRO

SERVED WEDNESDAY - SATURDAY 5PM - 8.30PM

CEASAR SALAD

ROMAINE LETTUCE, PARMESAN CHEESE, CEASAR DRESSING

(ADD CHICKEN +£1) £7.00

GREEK SALAD

(V) TOMATOES, CUCUMBER, OLIVES, RED ONION, FETA

(ADD CHICKEN +£1) £7.50

BAKED INFUSED CAMEMBERT

(V) SERVED WITH CRUSTY BREAD AND RED ONION CHUTNEY (PERFECT TO SHARE)

£12.00

CHARCUTERIE BOARD

A SELECTION OF CURED MEAT, CHEESE, RED ONION CHUTNEY (PERFECT TO SHARE)

£12.00

FOCACCIA BREAD

(V) WITH HOMEMADE PESTO DIPS

£6.00

SUNDAY ROAST

SERVED SUNDAY'S 12-3PM

SHARING BOARD FOR 2 - £24.95

(£37.50 WITH A BOTTLE OF WINE)

CHOOSE 2 MEATS

INDIVIDUAL ROAST FOR 1 - £14.50

CHOOSE 1 MEAT

PORK CHOP / FILLET OF BEEF / CHICKEN SUPREME

SERVED WITH

ROASTED JERSEY ROYALS

YORKSHIRE PUDDING

GLAZED CARROTS

CREAMED CHEESY LEEKS

TENDERSTEM BROCCOLI

BRAISED RED CABBAGE

BETTER DAYS

BRUNCH | BAR | BISTRO

12pm - 3pm (Weds-Sunday)

POKE BOWL

BUILD IT YOUR OWN WAY

PICK 1 BASE, 1 PROTEIN, UP TO 5 TOPPINGS AND YOUR SAUCE.
(SERVED COLD)

CHOOSE YOUR BASE

MOROCCAN COUS COUS
PASTA
RICE NOODLES
SALAD

ADD YOUR PROTEIN

BOILED EGG
BOILED EGG
CHICK PEAS
JERK CHICKEN
MOROCCAN CHICKEN
SMOKED SALMON
TUNA

FINISHING SAUCE

BALSAMIC VINEGAR
CHILLI JAM
LIGHT MAYONNAISE
SALAD CREAM
SIRACHA MAYO
SOUR CREAM
TERIYAKI

LOAD THE TOPPINGS

AVOCADO
BEETROOT
BROCCOLI
CUCUMBER
CHEDDAR CHEESE
EDAMAME BEANS
FETA
HUMMUS
KALE
OLIVES
PEPPERS
PINE NUTS
RED CABBAGE
RED ONION
SUN DRIED TOMATOES
SHREDDED CARROT
SWEETCORN
TOMATOES
WALNUTS

£6

Drinks

AMERICANO
CAPPUCCINO
ICED LATTE
LATTE

BREAKFAST TEA
CAMOMILE & HONEY TEA
GREEN TEA
PEPPERMINT TEA

APPLE JUICE
CRANBERRY JUICE
ORANGE JUICE
PEPSI/ PEPSI MAX

COCONUT MILK, OAT MILK, SUGAR FREE VANILLA, CARAMEL & HAZELNUT SYRUP AVAILABLE (+50P)

BETTER DAYS

BRUNCH | BAR | BISTRO

12pm - 3pm (Weds-Sunday)

Sourdough Artisan Sandwiches

ITALIAN MEATS

FRESH MOZZARELLA, CHILLI JAM

CHICKEN & CHORIZO

ROASTED PEPPERS & PESTO

MOZZARELLA & CHEDDAR (V)

BALSAMIC VINE TOMATO & BASIL PESTO

SMOKED SALMON

SPRING ONION & CREAM CHEESE

MED VEG (VG)

ROASTED VEGETABLES & HUMMUS

GLUTEN FREE SOURDOUGH AVAILABLE

6" Flatbreads

GREEK (V)

FETA, TOMATO, RED ONION, OLIVES & TZATZIKI (ADD CHICKEN +£1)

MEXICAN (VGO)

SMOKEY PEPPERS AND ONION, SOUR CREAM & GUACOMOLE (ADD CHICKEN +£1)

JAMAICAN

REGGAE BASE, CHEESE, JERK CHICKEN

MOROCCAN (VGO)

MOROCCAN CHICKEN, AUBERGINE, COUS COUS, MOROCCAN YOGHURT

£6

ADD A DRINK
+£1.50

Lunch can be ordered to dine in or take away

Pre-Order via whatsapp 07415430078